

## 學士班專業選修學科、術科學分表

每學期開課依當學期狀況開設

| 科目性質 | 科目名稱   | 學分數 | 時數 | 備註  |
|------|--|-----|----|---|
| 學科   | 運動賽會管理<br>Sport Event Management                           | 2   | 2  |   |
|      | 運動行銷<br>Sport Marketing                                    | 2   | 2  |   |
|      | 運動場館經營與管理<br>Sport Facilities Management                   | 2   | 2  |   |
|      | 人力資源管理<br>Management of Human Resource                     | 2   | 2  |   |
|      | 運動俱樂部管理專題<br>Internship/Seminar in Fitness Clubs           | 3   | 3  |   |
|      | 健身心理學<br>Exercise Psychology                               | 2   | 2  |   |
|      | 運動消費者行為<br>Consumer Behavior in Sports                     | 2   | 2  |   |
|      | 運動政策與法規<br>Sport policy and legislation                    | 2   | 2  |   |
|      | 休閒活動理論與實務<br>Theory and Practicum of Recreational Activity | 2   | 2  |   |
|      | 公共關係<br>Sport Public Relations                             | 2   | 2  | 108 新增  |
|      | 運動贊助與募款<br>Sponsorship and Fundraising in Sport            | 2   | 2  | 108 新增  |
|      | 運動與營養<br>Exercise and Nutrition                            | 2   | 2  | 109 更名為<br>運動營養學<br>Sports and Exercise Nutrition |
|      | 運動技術分析<br>Analysis of Sports Skill                         | 2   | 2  |   |
|      | 運動器材科技<br>Sport Equipment Technology                       | 2   | 2  |   |
|      | 運動生理學實驗<br>Experiment of Exercise Physiology               | 2   | 2  |   |
|      | 應用運動心理學<br>Applied Sport Psychology                        | 2   | 2  |   |
|      | 運動生物化學<br>Sports Biochemistry                              | 2   | 2  |   |

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| 運動醫學<br>Sport Medicine  | 2 | 2 |        |
| 運動按摩學<br>Sport Massage  | 2 | 2 |        |
| 運動處方<br>Exercise Prescription   | 2 | 2 |        |
| 運動生物力學實驗<br>Experiment of Sport Biomechanics                          | 3 | 3 |        |
| 運動生物化學實驗<br>Experiment of Sports Biochemistry                         | 3 | 3 |        |
| 運動訓練專題<br>Seminars and Practice of Exercise Instruction               | 3 | 3 |        |
| 人體解剖生理學<br>Human Anatomy Physiology                                   | 3 | 3 |        |
| 體育測驗與評量<br>Measurement and Evaluation in Physical Education           | 3 | 3 |        |
| 運動傷害與急救<br>Athletic Injuries and Emergency Care                       | 2 | 2 |        |
| 運動社會心理學<br>Social Psychology in Sport                                 | 2 | 2 | 108 新增 |
| 體育史<br>History of Physical Education                                  | 2 | 2 |        |
| 運動裁判法<br>Officiating in Sports  | 2 | 2 |        |
| 體育行政專題<br>Seminars and Practice of Sport Administration               | 3 | 3 |        |
| 適應體育<br>Adapted Physical Education                                    | 2 | 2 |        |
| 運動資訊教育<br>Sports Information Education                                | 2 | 2 |        |
| 健康促進<br>Health Promotion  | 2 | 2 |        |
| 動作技能學習<br>Motor Learning  | 2 | 2 |        |
| 運動社會學<br>Sociology of Sports  | 2 | 2 |        |
| 體育研究法<br>Methods of Research in Physical Education                    | 2 | 2 |        |
| 健康與體育學習領域設計<br>Curriculum Design in the Health and Physical Education | 2 | 2 |        |
| 幼兒體能與遊戲<br>Physical Fitness and Games for Children                    | 2 | 2 |        |

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|    | 健康與體育學習領域概論<br>Introduction to the field of<br>Health and Physical<br>Education       | 2 | 2 |        |
|    | 體育課程設計<br>Curriculum Design in<br>Physical Education                                  | 2 | 2 |        |
|    | 性教育<br>Sexuality Education  | 2 | 2 |        |
|    | 樂齡運動指導<br>Exercise Instruction of Older<br>Adults                                     | 2 | 2 | 109 新增 |
|    | 臨床運動傷害理論與實務<br>Clinical Sports Medicine —<br>Injury Theories and Clinical<br>Practice | 2 | 2 | 109 新增 |
|    | 樂齡運動指導進階<br>Advanced Program for<br>Active Aging Instructors                          | 2 | 2 | 110 新增 |
|    | 教練心理學<br>Sport Psychology for<br>Coaches  | 2 | 2 | 110 新增 |
|    | 樂齡運動與健康促進<br>Exercise and Health<br>Promotion for Older Adults                        | 2 | 2 | 111 新增 |
|    | 運動研究發展趨勢<br>Trends and Development in<br>Sports Studies                               | 2 | 2 | 111 新增 |
| 術科 | 田徑<br>Track and Field   | 1 | 2 |        |
|    | 游泳<br>Swimming  | 1 | 2 |        |
|    | 體操<br>Gymnastics  | 1 | 2 |        |
|    | 舞蹈<br>Dance   | 1 | 2 |        |
|    | 武術<br>Wu-Shu  | 1 | 2 |        |
|    | 籃球<br>Basketball  | 1 | 2 |        |
|    | 手球<br>Handball  | 1 | 2 |        |
|    | 羽球<br>Badminton   | 1 | 2 |        |
|    | 足球<br>Soccer  | 1 | 2 |        |
|    | 高爾夫球<br>Golf  | 1 | 2 |        |
|    | 網球  | 1 | 2 |        |

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| Tennis  |   |   |  |
| 有氧舞蹈<br>Aerobic Dance                                       | 1 | 2 |  |
| 重量訓練<br>Weight Training                                     | 1 | 2 |  |
| 排球<br>Volleyball  | 1 | 2 |  |
| 桌球<br>Table Tennis  | 1 | 2 |  |
| 民俗體育<br>Folk Physical Education                             | 1 | 2 |  |
| 棒球<br>Baseball  | 1 | 2 |  |
| 壘球<br>Softball  | 1 | 2 |  |
| 瑜珈<br>Yoga  | 2 | 2 |  |
| 幼兒律動<br>Child Rhythm  | 2 | 2 |  |
| 田徑理論與實務<br>Theory and Practicum of<br>Track and Field       | 2 | 2 |  |
| 游泳理論與實務<br>Theory and Practicum of<br>Swimming              | 2 | 2 |  |
| 羽球理論與實務<br>Theory and Practicum of<br>Badminton             | 2 | 2 |  |
| 足球理論與實務<br>Theory and Practicum of<br>Soccer                | 2 | 2 |  |
| 舞蹈理論與實務<br>Theory and Practicum of<br>Dance                 | 2 | 2 |  |
| 網球理論與實務<br>Theory and Practicum of<br>Tennis                | 2 | 2 |  |
| 體操理論與實務<br>Theory and Practicum of<br>Gymnastics            | 2 | 2 |  |
| 武術理論與實務<br>Theory and Practicum of<br>Martial arts          | 2 | 2 |  |
| 棒(壘)球理論與實務<br>Theory and Practicum of<br>Baseball(Softball) | 2 | 2 |  |
| 排球理論與實務<br>Theory and Practicum of<br>Volleyball            | 2 | 2 |  |
| 桌球理論與實務<br>Theory and Practicum of<br>Table Tennis          | 2 | 2 |  |
| 重量訓練理論與實務   | 2 | 2 |  |

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|  | Theory and Practicum of<br>Weight Training |  |  |  |
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